



# SIZING GUIDE: SOCCER

**IMPORTANT:** To achieve a perfect fit, measure carefully using a tape measure or ruler with string, record and consult size charts for the appropriate size.

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Measurement = Inches

Email: [info@stimulusathletic.com](mailto:info@stimulusathletic.com)

MEN'S JERSEY			
SIZE	CHEST	SLEEVE	LENGTH
XS	20	14	27
S	20.5	14	28
M	21.5	15	29.5
L	22	16.5	30.5
XL	23.5	16.5	31
2XL	25	17	33
3XL	27	18.5	33.5

WOMEN'S JERSEY			
SIZE	CHEST	SLEEVE	LENGTH
XS	17.5	11.5	25
S	20	13	25.5
M	21.5	13.5	26.5
L	22	14	27.5
XL	22.5	14.5	28.5
2XL	23.5	14.5	29.5
3XL	24	15	31

YOUTH JERSEY			
SIZE	CHEST	SLEEVE	LENGTH
20 (XS)	15	10	18
22 (S)	15.5	10.5	19.5
24 (M)	16	11	21.5
26 (L)	17	12	23
28 (XL)	18	12.5	24
30 (2XL)	19	13	26
NA	NA	NA	NA

MEN'S SHORTS			
SIZE	LENGTH	WIDTH	INSEAM
XS	16.5	13	6
S	17	14	6.5
M	18	14.5	7
L	19	15	7.5
XL	19.5	16	8
2XL	20	16.75	8.25
3XL	20.5	17	8.25

WOMEN'S SHORTS			
SIZE	LENGTH	WIDTH	INSEAM
XS	13	13.5	4.5
S	13.5	14	5
M	14.5	15	5
L	15.5	16	5.5
XL	17	16.5	5.5
2XL	17.5	17	6
3XL	18	17.5	6

YOUTH SHORTS			
SIZE	LENGTH	WIDTH	INSEAM
20 (XS)	14	11	5
22 (S)	14.5	11.5	5.5
24 (M)	15	11.75	5.5
26 (L)	16	12	5.5
28 (XL)	16.75	12.5	6
30 (2XL)	17.5	12.75	6
NA	NA	NA	NA



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## MEN'S KIT



SIZE	S	M	L	XL
HEIGHT	5'9"	6'1"	6'3"	6'4"
WEIGHT	152 lbs	160 lbs	174 lbs	215 lbs

## WOMEN'S KIT



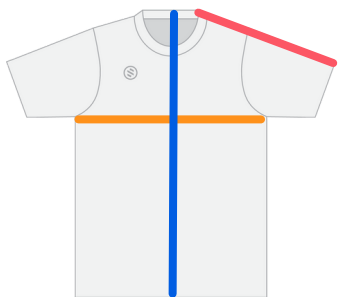
SIZE	XS	S	M	L
HEIGHT	5'1"	5'2"	5'4"	5'5"
WEIGHT	115 lbs	122 lbs	130 lbs	172 lbs

## YOUTH KIT



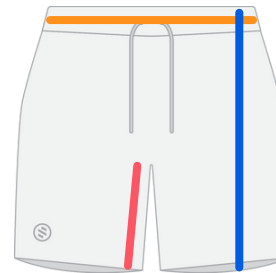
SIZE	S - 22	M - 24	L - 26	XL - 28
HEIGHT	4'1"	4'6"	4'7"	4'11"
WEIGHT	50 lbs	66 lbs	80 lbs	92 lbs

## HOW TO MEASURE JERSEYS



<b>CHEST</b>	MEASURE FROM ARMPIT TO ARMPIT *FOR CHEST CIRCUMFERENCE DOUBLE MEASUREMENT
<b>SLEEVE</b>	MEASURE FROM COLLAR TO FULLEST LENGTH OF SLEEVE
<b>LENGTH</b>	MEASURE FROM TOP OF COLLAR TO BOTTOM HEM

## HOW TO MEASURE SHORTS



<b>LENGTH</b>	MEASURE FROM TOP OF WAISTBAND TO BOTTOM OF HEM
<b>WIDTH</b>	MEASURE UNSTRETCHED WAIST BAND FROM ONE SIDE TO THE OTHER (FOR WAIST CIRCUMFERENCE, DOUBLE THE MEASUREMENT)
<b>INSEAM</b>	MEASURE INNER SEAM TO BOTTOM HEM



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MEN'S JACKET			
SIZE	CHEST	SLEEVE	LENGTH
XS	19.5	29.5	26.5
S	20.5	30	27.5
M	21	31	28.5
L	22	31.5	29.5
XL	23	32.5	30.5
2XL	23.5	32.5	31.5
3XL	24.5	33.5	32.5

WOMEN'S JACKET			
SIZE	CHEST	SLEEVE	LENGTH
XS	18.1	26.5	23.5
S	18.5	27.5	24.5
M	19.5	28.25	25.25
L	20.5	29	26.25
XL	21.25	30	27.25
2XL	22	30.5	28.25
3XL	22.5	31.5	29.25

YOUTH JACKET			
SIZE	CHEST	SLEEVE	LENGTH
20 (XS)	16	20	18
22 (S)	16.5	20.5	19
24 (M)	17.5	23	21
26 (L)	18.5	24.25	22.25
28 (XL)	18.75	26	24
30 (2XL)	19.75	27.5	25.5
NA	NA	NA	NA

MEN'S PANTS			
SIZE	LENGTH	WIDTH	INSEAM
XS	39	12.5	28.25
S	40	13.25	28.75
M	41	14	29.5
L	42	15	30
XL	43	15.75	30.75
2XL	44	16.5	31
3XL	45	17.25	31.75

WOMEN'S PANTS			
SIZE	LENGTH	WIDTH	INSEAM
XS	37.5	12.5	26.75
S	38.5	13.3	27.5
M	39.5	14.1	28
L	40.5	14.9	28.75
XL	41.5	15.7	29.5
2XL	42.5	16.5	30
3XL	43.5	17.3	30.75

YOUTH PANTS			
SIZE	LENGTH	WIDTH	INSEAM
20 (XS)	29.5	10	20.25
22 (S)	31	10.25	21.5
24 (M)	32	11	22.5
26 (L)	33.5	11.5	24
28 (XL)	36.5	12	26.5
30 (2XL)	38.25	12.5	27.5
NA	NA	NA	NA



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### MEN'S TRACK SUIT

SIZE	S	M	L	XL
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### WOMEN'S TRACK SUIT

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WEIGHT	115 lbs	122 lbs	130 lbs	172 lbs

### YOUTH TRACK SUIT

SIZE	S - 22	M - 24	L - 26	XL - 28
HEIGHT	4'1"	4'6"	4'7"	4'11"
WEIGHT	50 lbs	66 lbs	80 lbs	92 lbs

### HOW TO MEASURE JACKETS

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<b>SLEEVE</b>	MEASURE FROM COLLAR TO FULLEST LENGTH OF SLEEVE
<b>LENGTH</b>	MEASURE FROM TOP OF COLLAR TO BOTTOM HEM

### HOW TO MEASURE PANTS

<b>LENGTH</b>	MEASURE FROM TOP OF WAISTBAND TO BOTTOM OF HEM
<b>WIDTH</b>	MEASURE UNSTRETCHED WAIST BAND FROM ONE SIDE TO THE OTHER (FOR WAIST CIRCUMFERENCE, DOUBLE THE MEASUREMENT)
<b>INSEAM</b>	MEASURE INNER SEAM TO BOTTOM HEM